



# Instilling Growth Mindset



Why is it that some people seem to shine in any sphere in which they choose to exert themselves, and others cannot manage even a glimmer despite obvious talent? Research shows that it's the way that they think about their ability that really counts.

Through this program, participants are trained to continuously adopt a positive mental state irrespective of the situation they are in or the changes they are going through. They will be trained to understand and embrace the concept that hard work, effort, and persistence are all important, but not as important as having that underlying belief that you are in control of your own destiny.

## Training Objectives

- To understand the impact of mindset on success or failure
- To be aware of the self- destructive thinking and the subconscious mind
- To align personal values and attitudes to the paradigm of success
- To enhance analytical thinking skills
- To create a more Agile workforce that can adapt to changes
- To enhance self-esteem and confidence and develop an inner desire to succeed

## Highlighted Topics

- Know Thyself
- Creative and Innovative Thinking
- Mind Over Matter
- Enhancing assertiveness & Self-Confidence
- Keeping Yourself Motivated

Duration: 2 Days

Max. no of pax:  
25 pax

Target level:  
Executives and  
above



Brilliant Knowledge



Brilliantknowledge



brilliantknowledgeent@gmail.com



03-61418378 / 017-6571924 (Rashidah)  
011-21000612